



# SINGLENES

Whether you're young, dating, or finding yourself single later in life, singles at CCV serve in ministry, connect through Groups, and grow in their relationship with Christ.

## *Biblical Foundation*

1 Corinthians 7 | Philipians 4 | Matthew 19:1-12 | Hebrews 13

## YOUNG & DATING

### **Outdated: Find Love That Lasts When Dating Has Changed**

*Jonathan Pokluda, Kevin McConaghy*

Jonathan "JP" Pokluda has counseled thousands of young singles through the pain and heartbreak of dating the world's way. With plenty of true stories about relationships healed and love found, this practical book dispels myths, shares God's truth, defines God's purpose for singleness, dating, and marriage.

### **Love Is – Free Study Guide**

*Bianca Juárez Olthoff*

In this six-part series, hear from Bible teacher and author Bianca Juárez Olthoff as she covers everything from love and sex to singleness and dating from a Christian perspective. Falling in love can seem difficult—but with the love of Jesus, it doesn't have to be.

## EMBRACING SINGLE LIFE

### **7 Myths about Singleness**

*Sam Allberry*

Much of what we commonly assume about singleness is untrue. This book seeks to help Christians—married and unmarried alike—value singleness as a gift from God so that we can all encourage singles to take hold of the unique opportunities their singleness affords and see their role in the flourishing of the church as a whole.

## CCV RESOURCES

### Messages

To watch one or more CCV Messages that relate to this topic:

[Soundtracks >](#)

[The Relationship](#)

[Equation >](#)

[Renovate >](#)

### Join in Community

CCV has groups for singles, young adults, and groups that welcome anyone!

**Get Connected! >**

### Talk to Someone

Talk to someone who can connect you with counselors and professionals in the community.

**Talk to Someone >**

## [Single Today](#)

*Ryan Wekenman*

Ryan Wekenman has been an unmarried pastor for over a decade and passionately believes that singleness isn't a curse to endure; it's a gift to enjoy. But let's be honest, it doesn't always feel that way. Single people are often consumed by regrets from the past and fear about the future. He also has a [Single Today small group study](#).

## [The Wounded Heart](#)

*Dan Allender*

This book offers hope for adult victims of childhood sexual abuse. It is an intensely personal and specific look as he explores the soul damaged by sexual abuse and lays hold of the hope buried there by the only One who can bring complete healing.

# SINGLE AGAIN & OPEN TO DATING

## [Not Yet Married: The Pursuit of Joy in Singleness and Dating](#)

*Marshall Segal*

This book will help single people make the most of their not-yet-married life, seeing it as a unique period of unmatched devotion to Christ and ministry to others, even while waiting for a spouse.

## [The Sacred Search](#)

*Gary Thomas*

What if you stopped looking for a "soul mate" and started looking for a "sole mate" - someone who will live out with you the great purpose of God? What if dating isn't about finding "the one" but making a wise choice so you can better serve the One who loves you most? Also available [in paperback](#).

## [Forgiving What You Can't Forget](#)

*Lysa TerKeurst*

Have you ever felt stuck in a cycle of unresolved pain, playing offenses over and over in your mind? You know you can't go on like this, but you don't know what to do next. Lysa TerKeurst has wrestled through this journey. But in surprising ways, she's discovered how to let go of bound-up resentment and overcome the resistance to forgiving people who aren't willing to make things right.

## OTHER RESOURCES

*Voices to Listen to*

These are the leading voices in the church for singles.

[Annie F Downs >](#)

[Ryan Wekenman >](#)

[Sam Allberry >](#)

[Jonathan Pohluda >](#)

Find freedom from sin and hangups – addictions, pornography, etc.

[Talk to Someone >](#)

[Team Vulnerable >](#)